

# BOW VALLEY RESOURCE

Including Arrowwood, Milo, Queenstown, Shouldice and Mossleigh

Volume 2, No. 22

ARROWWOOD, ALTA., JANUARY 10, 1933

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## An Enjoyable Evening at the Ward Home

A large number of the young folk of the district were entertained at the home of Mrs. M. Ward Friday evening, when the Misses Ruby, Audrey and Shirley Ward entertained. The evening was spent in dancing with games forming a variation in the program. Supper, consisting of delicious ice cream cake, and coffee was served about 12.15 o'clock after which dancing continued until nearly 3 p.m. when the crowd dispersed from a very enjoyable evening.

## Province Pays Interest

Holders of provincial savings certificates received their usual annual dividend in the shape of interest cheques during the past week, covering interest on the past year. A total of 7,149 cheques have been mailed out by the Provincial Treasury Department covering a total of \$306,125.56 interest payments.

Keen interest has been shown by depositors in the new savings plan inaugurated by the Treasury Department last April in making available certificates for deposits at 5 per cent. There has been a very gratifying response to this plan many depositors taking advantage of it.

## Coal Production

Alberta's total coal production for 1932 to date of November was 4,516,622 tons, an increase of nearly half a million tons over the same period of 1931.

The average elevation of the earth's surface is 2,900 feet.

## Shouldice Waves

The annual rataplayere meeting of the Shouldice School District was held Saturday, January 14, with a fair representation present. Mrs. S. Weberg being elected trustee for three years.

The Misses Edith and Edna Harp entertained the Shouldice School children at a house party Friday evening from seven to ten-thirty p.m. All reported a good time.

Social evening in Shouldice Community Hall on Saturday January 21st. Cards and dancing.

Who said we would have no cold weather this winter. (?)

Due to the cold weather school opened Monday morning with only seven pupils present.

The officers elected by the Shouldice School Board for 1933 were: Chairman, Mr. A. B. Smith, Sec.-Treas., Mr. G. Williams.

Our definition—A hen-pecked husband is one who sometime in the past was married to a chicken.

## B.Y.P.C. NOTES

The B. Y. P. C. held their class meeting and social at the home of Mr. and Mrs. C. F. Culp on December 30th with about twenty-five members present.

The business meeting was called to order during which the general business of the class was discussed. The remainder of the evening was spent in games enjoyed by all. At midnight a delightful lunch was served and was heartily enjoyed by everyone after which all departed to their respective homes.

## Successful Bonspiel Will End Today

The Annual Bonspiel of the Arrowwood Curling Club will be brought to a successful conclusion this afternoon, when the final game in the Consolation will be played off by Jack Beagle and Hursh. Although weather conditions were not favorable for the curlers during the first few days of the 'spiel, the latter part has been ideal for the games, and everyone came back with added enthusiasm. The three events were smoothly run-off and the Secretary, Jack Beagle, is to be congratulated on his success. Caretaker Mackie put forth every effort to have excellent ice for each draw.

## High Points in the Life of Calvin Coolidge

Born, Plymouth, Vt., July 4th, 1872. Entered Amherst College in 1891. Commenced practice of law 1897.

Married Grace Anne Goodhue, October 4, 1905. Mayor of Northampton, Mass. 1919-11. State senator, 1911-12 and 15. President of state senate 1914-15.

Lieutenant Governor of Massachusetts 1915-18. Governor of Massachusetts 1919-20. Elected vice-president of the United States, 1921.

Inducted as president of the United States, July 4, 1923. Elected to presidency, Nov. 1924.

Issued famous, I do not choose to run, statement August 2nd, 1927.

Retired to Northampton in March 1929. Died at Northampton.

## Two Die When Car Plunges Into Lake

On Saturday Jan. 14th, the bad news was flashed over the wires of the horrible accident that befell Mr. and Mrs. W. Andros, parents of Fred, John and Will Andros, who reside about two miles South West of Mossleigh. The sad fate of this highly respected couple is regretted by the entire community. Full details of this fatal accident are meager, but we quote from the recent Calgary Herald despatches. "Nelson, B.C. Jan. 14.—Two persons were dead Saturday and three were recovering from shock and chills as a result of the auto in which they were travelling from Arrowwood, Alberta, to Brilliant, B.C. plunging into the west arm of Kootenay Lake Friday night. The dead were Mr. and Mrs. W. Andros, aged 40 and 35, who lived at Arrowwood. The three who survived were: William Cheribitoff, Joe Novak and William Fofonoff, driver of the car. En route to visit friends, the party reached Nelson without mishap. Fofonoff, driving, was believed by police to have mistaken the approach to a bridge. The car skidded as the brakes were applied when open water was sighted, nosed toward the edge and then plunged into water fifteen feet deep. Cheribitoff, Novak, and Fofonoff escaped through a broken window and reached the ferry landing. Mr. and Mrs. Andros were trapped in the car, and their bodies were recovered when the car was raised.

The Ladies' Guild of the United Church met at the home of Mrs. Gaylen Jones, with Mrs. G. Leith assisting. The meeting was opened by all repeating the 23rd Psalm. The Secretary gave her annual report and reported on the turkey supper and harvest sale which were accepted. The election of officers then took place resulting as follows:

Acting President—Mrs. R. H. Bishop. Secretary-Treasurer—Mrs. R. Fonger. Vice-President—Mrs. G. F. Komper. Directors—Medanias MacLeod, R. Hill, T. T. Williams. Press Reporter—Mrs. R. Lewendon.

A report on the White Christmas was given by Mrs. Komper. Mrs. Komper was also appointed to interview the Young People's Society re putting on a play. The meeting then adjourned, the hostesses serving a delicious lunch.

## Guild Meets at the Home of Mrs. G. Jones

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## Japan now has 1,500 movie theatres.

## TRAIN SCHEDULE AT GLEICHEN

|                 |           |
|-----------------|-----------|
| No. 1 Westbound | 9.10 p.m. |
| No. 3 Westbound | 8.50 a.m. |
| No. 2 Eastbound | 4.32 a.m. |
| No. 4 Eastbound | 7.32 p.m. |

Arrowwood  
West bound, Tues, Thurs, 1 p.m.  
East bound, Wed, Fri, 1.30 p.m.

## Local and Personal

Miss Vera Hosketh spent the week-end with Miss Inez Shatto.

Social Evening, Shouldice Saturday, Jan. 21st. Cards and dancing. Games (including supper) 25 cents. Ladies free. Everybody welcome.

Entries for the Regina grain show next summer close Jan. 31, and it is expected there will be some 200 entries from Alberta.

Mr. and Mrs. J. Dumka returned on Sunday from East Coulee, after visiting their son for a couple of days.

The Red Cross hockey club will play the Arrowwood team on ice Saturday at 7.30 p.m.

A meeting of the Directors and all those interested in the School Fair will be held in the Arrowwood School on Thursday, Jan. 26th, at 8 p.m.

Mrs. McBride, Mrs. M. H. Ward, Mrs. Lewendon and Mr. and Mrs. MacLeod left Monday to attend the U.F.A. and U.F.W.A. convention in Calgary January 17th to 21th.

Mr. and Mrs. Jas. McInenly of Trochu, were Sunday visitors at the home of Mrs. Frank McInenly. Mrs. McInenly will remain here for some time on account of the illness of her mother who lives near Mossleigh.

The Brethren Ladies' Aid met at the home of Mrs. John Mason last Thursday. The election of officers took place. The Aid meets again today at the home of Mrs. E. C. Bowman.

At a meeting of the rataplayers of the Woodarrow unit of the Arrowwood Consolidated School district was held at home of Mr. E. Arney last Tuesday. Mrs. F. E. Hall was elected to fill the vacancy on the school board caused by the retirement of Mr. Arney whose term had expired.

Arrowwood made a contribution of \$31.03 to the British and Foreign Bible Society. The many friends will recall the visit of the representative, Rev. H. D. Marr. The aim of the Society is to publish without comment the Scriptures and to give it to every man in his mother tongue. She has rightfully been called "The handmaid of the churches."

## Alberta's Health Condition

General health conditions in Alberta during the past year have been the best on record, according to reports of the Provincial Health Department, a new high mark for communicable diseases having been established. The year's death rate 7.3 per 1000, was somewhat lower than the previous year, while infant mortality showed a marked improvement, being only 58 deaths under 1 year of age, in each 1,000 births, compared with the rate of 67 deaths the year before.

## The Curling Club's Turkey Supper a Successful Event

The Arrowwood Curling Club's Turkey Supper last Thursday was another successful event, with both town and country folk supporting the venture. The holders of the lucky tickets were—Mrs. Lawrence Larson, Mrs. H. Brown and Adeline Beagle. Mrs. Larson winning a salad bowl, Mrs. Brown a cream and sugar set and Adeline the ham.

The neat sum of \$33.50 raised from the supper will swell the coffers of the Curling Club and help them in their financial problems.

## Hockey Notes

### Red Cross 3-Mossleigh 6

Displaying a superior brand of hockey, the Mossleigh club went on a scoring spree Thursday last when Red Cross were lounded a 6-3 setback at the Arrowwood rink. Sharp-shooting and consistent back-checking by the Mossleigh forwards established an early lead which was maintained throughout the game. Willard Love in the Red Cross fort seemed to have an off-night and several easy goals were made by Mossleigh. Hansen in the Mossleigh goal was injured when hit with the puck on the back of the head but recovered to finish the game.

Mossleigh—Hansen, F. McColman, D. McColman, J. Ellis, R. Eastig, R. Leslie, F. Eklund, Christy and McCullough.

## Arrowwood Market Prices

| Wheat           |        |
|-----------------|--------|
| 1 Northern      | 24     |
| 2 Northern      | 23 1/2 |
| 3 Northern      | 21     |
| Oats            |        |
| 2 C.W.          | 9 1/2  |
| Barley          |        |
| 3 C.W.          | 11 1/2 |
| Flax            |        |
| 1 H.W.          | 50 1/2 |
| Butter and Eggs |        |
| Butter, per lb. | 12     |
| Eggs, per dozen | 12     |

## Calgary Quotations on Livestock

| Steers—         |               |
|-----------------|---------------|
| Good and choice | \$2.50 \$3.00 |
| Common          | 1.50 - 2.00   |
| Heifers—        |               |
| Good and choice | 2.75 - 3.00   |
| Common          | 1.75 - 2.00   |
| Cows—           |               |
| Good            | 1.00 - 1.75   |
| Common          | 1.25          |
| Lambs—          |               |
| Good handy wgt. | 3.75          |
| Sheep—          |               |
| Good handy wgt. | 2.00 - 2.40   |
| Hogs—           |               |
| Select bacon    | 3.75          |
| Bacon           | 2.25          |
| Butchers        | 2.25          |

## GRAND CHALLENGE COMPETITION

|             |            |            |
|-------------|------------|------------|
| P. Norton   | Beach      | House      |
| Beach       | House      | House      |
| House       | House      | House      |
| Asseltine   | House      | House      |
| Hales       | J. Beagle  | House      |
| Jack Beagle | Lewendon   | House      |
| Lewendon    | McDonald   | Lewendon   |
| McDonald    | Bell       | Lewendon   |
| Bell        | Hursh      | House      |
| Hursh       | Anderson   | Harrison   |
| Anderson    | Harrison   | Jay Beagle |
| Hosketh     | Jay Beagle | Miller     |
| Jay Beagle  | Miller     | Miller     |
| Miller      | Milo       | McIrvine   |
| Milo        | McIrvine   |            |

Last year McDonald won the Grand Championship by defeating Hales in the finals.

## MERCHANTS COMPETITION

|                |                |          |
|----------------|----------------|----------|
| Jack Beagle    | Beagle         | McDonald |
| McDonald       | McDonald       | McDonald |
| Harrison       | Jay Beagle     | McDonald |
| Asseltine      | Jay Beagle     | McDonald |
| Jay Beagle     | Hursh          | McDonald |
| High River (1) | Hursh          | McDonald |
| Hursh          | Bell           | Beach    |
| Bell           | H. River No. 1 | Beach    |
| Beach          | Miller         | Milo     |
| Miller         | E. Norton      | Milo     |
| E. Norton      | Milo           | Lewendon |
| Milo           | Hosketh        | Lewendon |
| Hosketh        | House          | Lewendon |
| House          | P. Norton      | Hales    |
| P. Norton      | Hales          | Lewendon |
| Hales          | Anderson       | Lewendon |
| Anderson       | Lewendon       |          |

Last year Jack Beagle defeated Cook in the Merchants Competition









# FIRESTONE

Gum Dipped

# TIRES



Use Firestone  
Tires and  
Enjoy the  
Extra  
Strength  
Extra  
Safety and  
Extra Service

2 EXTRA  
CORD  
PLIES  
UNDER  
THE TREAD  
at  
NO EXTRA  
COST

Call in and See These Tires

Smooth Tires and Slippery Roads are a  
Bad Combination



Larsen Implements

House of Service

Arrowwood and Mossleigh

## Arrowwood United Church

Rev. V. M. Gilbert, Minister

Sunday, Jan. 22

11.00 a.m. Church School

11.45 a.m. Morning Worship

"Mark of Success"

Come and Worship  
With Us.

## Church of the Brethren

10.30 a.m. — Sunday School

11.30 a.m. — Morning

Rev. J. H. Brubaker will speak

## Bow Valley Resource Independent.

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ada, \$2.50 in the United States.

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copy must be in our hands by Wed-  
nesday noon.

Correspondence for publication  
must bear the writer's signature,  
not necessarily for publication. We  
do not necessarily endorse the  
opinions of our correspondents.

NORMAN G. CARY,  
Editor and Publisher.

## Something Wrong With System

She was a lady of character  
and presence, and she was a  
better times. She had been born  
in Canada and had been forty-  
five years in British Columbia.  
In good times she had had  
charge accounts with the big  
stores and had bought freely.  
She and her family had owned  
property and had paid taxes to  
the city of Vancouver for years  
but they had fallen behind and  
the property had gone. She and  
her husband still had their home  
however. Of late, husband  
had been able to get only casual  
work, payments to stores had  
been slow and the credit man-  
agers had sent warnings that  
credit was withdrawn. On top  
of this the city water depart-  
ment had given notice that un-  
less the outstanding bill was  
paid, water would be cut off.

At Christmas a new credit of  
five dollars had been negotiated  
but when certain necessities had  
been purchased there was not  
enough left to buy a turkey,  
though turkeys were cheap and  
of excellent quality. So the  
good lady and her husband and  
the old folk had had a pretty  
grim and gloomy Christmas. A  
week later she had walked  
down town again. The turkey  
she would have liked but could  
not purchase for lack of funds  
was still in the store, but black

and decayed and unfit for food.  
"Why couldn't I have had it?"  
she added. "Why couldn't the  
old folk have had a decent  
Christmas? Would it have  
cost anyone any more than to  
let the turkey rot?"

And yesterday, with a little  
money her husband had earned  
and some she had borrowed  
the good lady had walked into  
town again to interview the  
water department. "If we were  
on the relief," she told the  
Provincials, "there would be no  
question of turning off our wa-  
ter. If we didn't own our house  
the city would see that we were  
not put out, and there would be  
no taxes to pay and no mort-  
gage interest. If my hus-  
band had no job, he wouldn't  
need to wear out his clothes as  
he does, and he wouldn't and he  
wouldn't need car fare to reach  
the waterfront every morning  
—he has to go there whether  
there is work or not. And we  
would be getting relief which  
would be almost as much as my  
husband earns. But we try to  
keep our heads up, and strug-  
gle along, and the stores which  
have had thousands of our dol-  
lars in the past fifteen or twenty  
years cut off our credit be-  
cause we are slow, and the city  
which has had our taxes, and  
our property as well, sends to  
cut off our water. And the  
turkey which would have been  
so good, could we have had it  
rots because there is no pur-  
chaser."

"We aren't Reds and we aren't  
Bolsheviks. We are Canadians  
and we are British Columbians.  
But we feel there is something  
wrong with the system that al-  
lows these things. Can't you  
do something to change it?"  
—Vancouver Province.

## Skating Schedule

**Monday**  
7-10 General Skating

**Tuesday**  
3.30-5 Children 12 years and  
under  
6.30-7.30 Senior Hockey prac-  
tise

**Wednesday**  
7.30-10 General Skating

3.30-5 Junior Hockey practice  
6.30-7.30 Girls Hockey practice  
7.30-9 General Skating  
9-10 Senior Hockey practice

**Thursday**  
3.30-5 Skating 12 years and  
under  
6.30-7.30 Senior Hockey prac-  
tise

7.30-10 General Skating

**Friday**  
6.30-9.30 General Skating  
9.30-10.30 Senior Hockey prac-  
tise

**Saturday**  
10.30-11.30 Jr. Hockey practice  
2-5 General Skating  
7-10 General Skating

**Sunday**  
2-5 General Skating (Season  
ticket holders only)  
Children 12 years and under  
are kindly requested to leave  
the rink at 9 p.m.  
All skaters are requested to  
co-operate in closing the rink  
at the proper time, thus cur-  
tailing extra expense in light,  
heat, etc.

For information and tickets  
see Mr. N. Lord.

## Milk or Cream

Any Quantity—Any Time  
RATES FOR QUANTITY LOTS  
Satisfaction Guaranteed

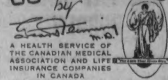
Phone Orders to the Yanoli Family 415

**ARROWWOOD DAIRY**  
Our Dairy is Older than this Town

Let us order your  
COUNTER CHECK BOOKS  
Come in and see our  
samples

**BOW VALLEY RESOURCE**  
Arrowwood

## HEALTH



## Acid and Alkaline Foods

We all know the game of see-  
saw; one side of the board goes  
down and the other up unless  
the weights on both ends are  
equal, when the see-saw re-  
mains balanced.

We play a form of see-saw  
game with our foods. One side  
is made up of acid-forming  
foods; the other side of alkaline.  
Neither one should be greater  
than the other, for good health  
requires that a reasonable bal-  
ance be maintained between the  
two.

We cannot tell from the taste  
of foods whether their effect  
will be acid or alkaline in the  
body. After the foods have been  
digested and used up, there re-  
mains a residue or ash, and it  
is the reaction of the ash which  
decides whether the food is acid  
or alkaline in its effect upon  
the body.

Fruits which are commonly  
thought of as acids are, as a  
matter of fact, alkaline foods  
because they leave an alkaline  
ash. Prunes and cranberries  
are fruits, which are an excep-  
tion to the general rule; they  
are acid-forming.

In addition to fruits, vegeta-  
bles and potatoes are alkaline  
foods. Meat, eggs and cereals  
are acid foods. Milk, fat and  
sugar are practically neutral.

The body is able to adjust  
itself in a remarkable way to  
an excess of either group.  
There are, however, limits to its  
power and there is no reason  
why it should be unduly called  
upon to exercise it when a  
proper selection of foods will  
make sure that the balance will  
be readily maintained.

It is in winter that we are  
most apt to overeat of acid  
foods. Fresh fruits and vegeta-  
bles may not be available at  
this season, with the result  
that the diet is built up of  
meats, eggs, potatoes, bread  
pies and cereals, all of which  
are acid-forming, with the ex-  
ception of potatoes. There is  
nothing wrong with any one  
of these foods, but a healthy  
body requires a variety ensur-  
ing that the diet shall be bal-  
anced in all its constituents in-  
cluding acid and alkaline foods.

From whatever point we  
come to consider diet, we find  
the need for a variety of foods.  
It is appreciated that it is not  
always easy to secure variety,  
but, in many cases where it is  
possible, no real effort is made  
to do so. When meals are be-  
ing planned, it is well to re-  
member the need for a variety  
of foods and the necessity for  
avoiding an excess of any one  
kind of food.

## Vegetables

Mike Deakoff who lives  
at the Colony, Shouldice, has  
for sale—Carrots, Turnips,  
Cabbage, Potatoes, Beans  
and Parsnips.

Orders delivered to Ar-  
rowwood or Queensdown.

Clocks, Watches, Spectacles,  
Sewing Machines  
Typewriters and Gramophones

Cleaned and Repaired by  
an Expert workman with  
40 years' experience in  
Factories, Etc.

If you are contemplating the purchase  
of a new watch see me before doing so.

A. ANDERSON

Jeweler Arrowwood

## We Can Supply You With

Cards  
Posters  
Envelopes  
Bill Heads  
Statements  
Memo Head s  
Letter "  
Butter Wraps  
Loose Leaf Work

## Bow Valley Resource

Let Us Order Your

- O-K -

## RUBBER STAMPS

PROMPT SERVICE

Notarial and Corporate Seals  
Dates, Numberers,  
Pads, Etc.

Bow Valley Resource

## Try a "For Sale" Advt in the Resource

## THE WAGIN' TUNG

Vol. 2, No. 22 Arrowwood, Jan. 19 1933 Items for Thot

## Why Not Arrowwood?

The little hamlet of Gladys, situated some 15 miles  
west of Arrowwood, on a cross-road, has just completed  
and dedicated a hall. If there is a crying need of the  
hour it is a hall for our fair city. Are the business  
men and citizens going to sit idly around and not sup-  
ply this much-needed place for Arrowwood? Let us  
have a get-together meeting and talk the matter over  
and see what can be done.

## Who Is Tommy Thompson?

A few years ago Tommy Thompson, who had spent  
several years in a large garage in the west, decided he  
would try his luck in the far-famed wheat lands of Al-  
berta and accordingly he purchased a farm in the  
Retlaw district which he still owns, but on account of  
the drought there has been a more favorable district,  
looking for employment during the winter and we were  
fortunate in securing him for our shop. Tommy has  
been with us long enough and his work is such that we  
do not hesitate to recommend him for your automobile  
and tractor repairs, whether it be mechanical or elec-  
trical. Then again there are several people here who  
knew him at Retlaw and they are all loyal to Tommy  
Thompson. Tommy is peculiar—he is peculiar in this  
way—the better you know him the better you like him.  
You had better come in and get acquainted with  
Tommy before he goes back to Retlaw, to put in the  
crop this spring.

Good Equipment Makes a Good Farmer Better

## Larsen Implements

"House of Service"

ARROWWOOD and MOSSLEIGH

## Hockey Supplies

C. C. M. Skates

Skates  
Sticks  
Pucks  
Boots  
Etc.

## L. H. Phillips

HARDWARE

Arrowwood - Alberta